

## **Functional Abilities Form**

### **for Planning Early and Safe Return to Work**

**Health Professionals, please use this form ONLY when requested by an employer or worker.**

**The purpose of this form is to identify your patient's overall functional abilities and work restrictions that will assist his/her return to suitable work.**

**Your promptness in completing this form is key in assisting the employer and worker to plan an early and safe return to work. Please provide the completed pages 2 and 3 to the worker and/or employer.**

#### **Authority to Release Information**

Section 37(3) of the *Workplace Safety and Insurance Act, 1997* provides the legal authority for health professionals to give the Workplace Safety and Insurance Board (WSIB), the injured worker and the employer such information as may be prescribed concerning the worker's functional abilities.

When completing this report, please **print** in **black ink**.

Worker and/or employer should complete Sections A and B of this report. If your patient needs assistance, please help. Please submit this report even if Section A is not fully completed.

Information about your responsibilities can be found on **Page 4**.

The WSIB will pay health professionals for completing this form.

**Mail to:**  
**Workplace Safety and Insurance Board**  
200 Front Street West  
Toronto, ON M5V 3J1

**OR**

**Fax to:**  
416-344-4684  
or 1-888-313-7373



Please PRINT in black ink

Claim No.
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**A. Section A to be completed by the employer and/or worker.**

Worker's Last Name	First Name	Telephone ( )
Address (no., street, apt.)	City/Town	Province Postal Code

Employer's Name		
Full Address (No., Street, Apt.)		
City/Town	Prov.	Postal Code

Date of Birth (dd/mm/yyyy)
Date of Accident/ Awareness of Illness (dd/mm/yyyy)
Employer Telephone ( )
Employer Fax No. ( )

1. Type of job at time of accident (where available, please attach description of job activities)	Area(s) of injury(ies)/illness(es)
2. Have the worker and the employer discussed Return To Work <input type="checkbox"/> yes <input type="checkbox"/> no	If no, will be discussed on dd mm yyyy
3. Employer contact name	Position

**B. Worker's Signature**

By signing below, I am authorizing any health professional who treats me to provide me, my employer and the Workplace Safety and Insurance Board (WSIB) with information about my functional abilities on the WSIB's "Functional Abilities for Planning Early and Safe Return to Work" form.

Signature	Date dd mm yyyy
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**C. Health Professional's Billing Information**  
For billing purposes fax or mail pages 2 and 3 to the WSIB.

**INFORMATION IN SHADED AREAS SHOULD NOT BE PROVIDED TO THE WORKER OR EMPLOYER**

Health Professional's Designation  
 Chiropractor  Physician  Physiotherapist  Registered Nurse (Extended Class)  Other

<b>Are you registered with the WSIB?</b> <input type="checkbox"/> Yes Please enter the nine digit <b>WSIB Provider ID.</b> in the box provided <input type="checkbox"/> No Please call <b>1 - 800-569-7919</b> to register	<b>WSIB Provider ID.</b> _____
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Health Professional's Name (please print)	Service Code <b>901</b>
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Address (No. Street, Apt.)	<b>Your Invoice Number</b>
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City/Town	Province	Postal Code	Fax ( )
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**I hereby declare that the information being submitted in Sections C, D, E and F of this form is true and complete. It is an offense to knowingly make a false or misleading statement or representation to the WSIB.**

Health Professional's Signature	Telephone ( )	Date dd mm yyyy
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Please PRINT in black ink

Worker's Last Name	First Name	Claim No.
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**D. The following information should be completed by the Health Professional to identify the patient's overall abilities and restrictions.**

<b>1.</b> Date of Assessment dd mm yyyy	<b>2. Please check one:</b> <input type="checkbox"/> Patient is capable of returning to work with <b>no restrictions.</b> <input type="checkbox"/> Patient is capable of returning to work <b>with restrictions.</b> Complete sections <b>E and F.</b> <input type="checkbox"/> Patient is physically unable to return to work at this time. Complete section <b>F.</b>
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**E. Abilities and/or Restrictions**

**1. Please indicate Abilities that apply. Include additional details in section 3**

<b>Walking:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> Up to 100 metres <input type="checkbox"/> 100 - 200 metres <input type="checkbox"/> Other (please specify)	<b>Standing:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> Up to 15 minutes <input type="checkbox"/> 15 - 30 minutes <input type="checkbox"/> Other (please specify)	<b>Sitting:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> Up to 30 minutes <input type="checkbox"/> 30 minutes - 1 hour <input type="checkbox"/> Other (please specify)	<b>Lifting from floor to waist:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> Up to 5 kilograms <input type="checkbox"/> 5 - 10 kilograms <input type="checkbox"/> Other (please specify)				
<b>Lifting from waist to shoulder:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> Up to 5 kilograms <input type="checkbox"/> 5 - 10 kilograms <input type="checkbox"/> Other (please specify)	<b>Stair climbing:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> Up to 5 steps <input type="checkbox"/> 5 - 10 steps <input type="checkbox"/> Other (please specify)	<b>Ladder climbing:</b> <input type="checkbox"/> Full abilities <input type="checkbox"/> 1 - 3 steps <input type="checkbox"/> 4 - 6 steps <input type="checkbox"/> Other (please specify)	<b>Travel to work:</b> <table style="width:100%;"> <tr> <td>Ability to use public transit</td> <td>Ability to drive a car</td> </tr> <tr> <td><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td><input type="checkbox"/> Yes <input type="checkbox"/> No</td> </tr> </table>	Ability to use public transit	Ability to drive a car	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Ability to use public transit	Ability to drive a car						
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No						

**2. Please indicate Restrictions that apply. Include additional details in section 3**

<input type="checkbox"/> Bending/twisting repetitive movement of (please specify)	<input type="checkbox"/> Work at or above shoulder activity:	<input type="checkbox"/> Chemical exposure to:	<input type="checkbox"/> Environmental exposure to: (e.g. heat, cold, noise or scents)	<input type="checkbox"/> Limited use of hand(s): <table style="width:100%;"> <tr> <td style="width:50%;">Left</td> <td style="width:50%;">Right</td> </tr> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td colspan="2" style="text-align:center;">Gripping Pinching Other (please specify)</td> </tr> </table>	Left	Right	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Gripping Pinching Other (please specify)	
Left	Right													
<input type="checkbox"/>	<input type="checkbox"/>													
<input type="checkbox"/>	<input type="checkbox"/>													
<input type="checkbox"/>	<input type="checkbox"/>													
Gripping Pinching Other (please specify)														
<input type="checkbox"/> Limited pushing/pulling with: <input type="checkbox"/> Left arm <input type="checkbox"/> Right arm <input type="checkbox"/> Other (please specify)	<input type="checkbox"/> Operating motorized equipment: (e.g. forklift)	<input type="checkbox"/> Potential side effects from medications (please specify) Do not include names of medications.	<input type="checkbox"/> Exposure to vibration: <input type="checkbox"/> Whole body <input type="checkbox"/> Hand/Arm											

**3. Additional Comments on Abilities and/or Restrictions.**

<b>4. From the date of this assessment, the above will apply for approximately:</b> <input type="checkbox"/> 1 - 2 days <input type="checkbox"/> 3 - 7 days <input type="checkbox"/> 8 - 14 days <input type="checkbox"/> 14 + days	<b>5. Have you discussed return to work with your patient?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No
<b>6. Recommendations for work hours and start date:</b> <input type="checkbox"/> Regular full-time hours <input type="checkbox"/> Modified hours <input type="checkbox"/> Graduated hours	<b>Start Date</b> dd   mm   yyyy

**F. Date of Next Appointment**

Recommended date of next appointment to review **Abilities and/or Restrictions.**   dd   mm   yyyy

**I have provided this completed Functional Abilities Form to:**    **Worker**   and/or    **Employer**

## Important Information

To receive benefits, the worker must apply for benefits within six months of the date of a work-related injury or illness. When filing a claim for benefits, the worker must also consent to the disclosure of functional abilities information provided by a health professional to his or her employer for the purpose of facilitating an early and safe return to work. Failure to file a claim or provide consent for the release of the functional abilities information can result in no benefits.

If you have questions about the completion of this form please call 1-800-387-0750.

### Worker's Responsibilities

- This form is to be completed by a treating health professional, who will discuss the information with you.
- Once completed, contact your employer **immediately** to review the information on the completed form. Together, you and your employer will begin to plan an early and safe return to work.

### Employer's Responsibilities

- This form provides general information about this worker's functional abilities and restrictions to help you plan an early and safe return to work.
- When you provide this form to the treating health professional, ensure that you have the worker's signed consent (Section B) for the release of functional abilities information.
- Where available, also attach a description of the worker's job activities to assist the health professional in completing the form.
- The prescribed form that is available from the WSIB is a generic form developed to assist with general functional abilities information.
- The WSIB will pay the health professional to complete the prescribed WSIB form only. A charge will appear on your Accident Cost statement or Schedule 2 Invoice which reflects the cost of payment for each form completed.
- If you have a form that is specific to your workplace and have the cooperation of the worker in providing consent for the release of information on your form, you may use your own form. If you create your own form, you must reimburse the health professional directly.
- Do not send a copy of the completed Functional Abilities Form for Planning Early and Safe Return to Work to the WSIB. The health professional is responsible for submission of the form.

### Health Professional's Responsibilities

- The employer and worker will use this information to plan the worker's early and safe return to work.
- Their return to work plans will reflect the functional abilities and restrictions you have noted and presume that no clinical contraindications exist for other work activities, therefore it is crucial that all sections be completed in full.
- The completion of this form is based on your examination of the worker and does not require a specialized functional abilities evaluation.
- Diagnostic or confidential information **must not** be included.
- Please add specific information on the duration of temporary restrictions or maximum times or weights to be considered, in section **E3** under **abilities and/or restrictions**. If necessary, attach an additional page to this completed form to describe abilities and restrictions.
- **Completion of this form does not replace clinical reporting requirements to the WSIB.**
- **Once you have received this form, promptly complete it and give it to the worker and/or employer.**
- **For billing purposes fax or mail pages 2 and 3 to the WSIB. When faxing, do not mail a copy.**

**The WSIB will pay the health professional for the completed form when pages 2 and 3 are received.**

**Workplace Safety and Insurance Board**  
200 Front Street West  
Toronto ON M5V 3J1

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